

Are you over 65 and
would like to get out more?



Then come along to a
FREE friendly weekly
group designed for you!

The group meets

Every Wednesday

11.30am - 1.00pm

at

The Edenbridge Centre

(Old Eden Valley School, Four Elms Road, Edenbridge)



The Group will provide:

- Minibus transport to and from your home (if required).
- A weekly meeting place every Wednesday with a chance to chat with new people.
- Weekly healthy lifestyle information and activities.
- Free refreshments and fun raffles.

For information contact Hayley Brooks on **01732 227272**

Group organised in partnership with:

